

## About Us



*Covenant Counseling Center, Inc. consists of highly trained, committed, and skillful professionals who collaborate respectfully with clients. The staff are licensed Psychologists, Marriage and Family Therapists, Licensed Clinical Social Workers, or Interns completing training for licensure. We have multi-cultural and multi-lingual therapists who will help clients handle stress, family problems, substance abuse, or any problems that affect their daily life. We create an environment for restoration and healing. Each person's faith and religious beliefs are addressed with care and sensitivity as a part of the holistic healing process.*



*Covenant Counseling Center, Inc. fees are set at comparable rates for similar professional services in the community. The office staff will give information regarding fees and insurance claims processing upon request.*

### Regional Offices\*

#### Redding Office

(MediCal | Se Habla Espanol)  
3191 Churn Creek Rd.  
Redding, CA 96002  
**(530) 224-7167**

#### Chico Office

3760 Morrow Lane  
Chico, CA 95928  
**(530) 893-4784**

#### Sacramento Office

3808 Auburn Blvd. #57  
Sacramento, CA 95821  
**(916) 483-1332**

#### Mt. Shasta Office

1180 B Mt. Shasta Blvd.  
Mt. Shasta, CA 96067  
**(530) 926-1436**

#### Crescent City Office

875 5th Street #1  
Crescent City, CA 95531  
**(707) 465-5507**

\*Note: Each regional office provides slightly different services and some services may not be available in all regions.



#### Corporate Office

393 Park Marina Circle  
Redding, CA 96001

**COVENANT**  
COUNSELING CENTER  **INC.**

Redding | Chico | Sacramento | Mt. Shasta | Crescent City



*Personal Growth  
Families Together  
School & Organizational  
Success*



*Established in 1984*  
[www.remivista.com/cc](http://www.remivista.com/cc)

Where love is . . . be there!

Where love is . . . be there!

Where love is . . . be there!

## Introduction

*Our fundamental goal is to bring hope to the hopeless, strength to the weary, and success to individuals, families, and organizations.*



Every second of the hour, there is a crisis taking place in our community; a family is in turmoil, a minor is picking up a first drink, a child is being molested, someone is contemplating suicide. These are only a few examples of the problems we, as a community are facing. A significant amount of time in our lifetime is spent on addressing complexities and challenges, which is a part of life. Most of the time, we manage rather well.

There are times however, when our problems are deeply personal and troubling. These are the times when we could use a little help, some support, advice, or perhaps the guidance of a professional. This is where Covenant Counseling



Center, Inc. fits into the picture. In fact we have been in the picture since 1984 providing reliable, innovative, and effective services -- all with one fundamental goal: To bring hope to the hopeless, strength to the weary, and success to people, their families, and organizations.

## Direct Services

### Personal Growth & Enrichment

- Coping with Depression
- Effective Communication
- Health & Wellness
- Individual Therapy
- Self-abuse Issues
- Self-esteem Issues
- Stress Management



### Family Services

- Couple Therapy
- Marriage Preparation
- Marriage & Family Therapy
- Child Birth & Development
- Parenting Groups & Workshops
- Chronic Illness
- Midlife & Beyond
- Grief, Loss, & Recovery
- Mediation and Conflict Resolution
- Eating Disorders
- Spiritual Conflicts & Uncertainties
- Sexual Problems
- Assault Issues
- Substance Abuse / Addiction Groups
- Caregiver Support

## Direct Services (*cont.*)

### School Based Services (on-site)

- Anger Management Groups
- Child Abuse Prevention Programs
- Educators' Support Workshops
- Individual Therapy
- Play Therapy
- Stress Management
- Violence Reduction Programs



### Organizational Services

- Alcohol & Drug and Other Addiction Groups & Workshops
- Anger Management Treatment Services
- Child Abuse Prevention
- Critical Incident Stress Management
- Domestic Violence Treatment Services
- Early Childhood Educational Programs
- Employee Assistance Program
- Health & Wellness Groups & Workshops
- Parent/Child Assessments
- Parenting Groups & Workshops
- Mental Health Assessments
- Sexual Harassment & Assault Issues
- Therapeutic Behavioral Services (TBS)

Note: Groups and Workshops are customized to meet the needs of the families, schools and organizations.